

If you are a non-profit organization or have a Community Announcement to be placed on Channel 905, contact:

RingTel Communications:

Ringsted - 712-866-8000 phone 712-866-0002 fax

or

Armstrong - 712-868-8000 phone 712-868-0002 fax

or

email – nikki@ringtelco.com





COFFEE & CONVERSATION

at the Armstrong Library

The library and Iowa State University Extension and Outreach are collaborating to host a Coffee Group one time per month.

Coffee is February 12th from 2:00 to 3:00 p.m.



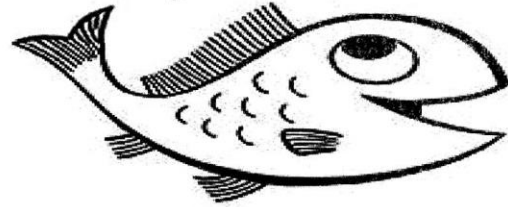
**Let's think SPRING! What's new for the garden,
vegetables, fruit and flowers!**

Call a friend and join us for a fun hour of Conversation, Coffee and Treats! As well as a fun time of visiting and sharing of ideas!

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.

IOWA STATE UNIVERSITY
Extension and Outreach

Fish Fry



Friday

Friday, March 8

**ST. MARY'S
LENTEN
FISH FRY**

Carry Outs Available!

Serving all you can eat fried and baked fish, au gratin potatoes, coleslaw, dinner roll, dessert, and drink.

**Serving
4:30-7:00pm**

Adults: \$13

**Kids: \$7
12 & under**

**Dine In
Or
Carry Out**



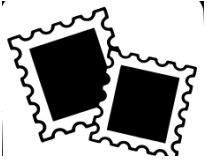
**St. Mary's Church
404 5th Ave.
Armstrong, IA**

Armstrong Senior Citizen Center
is open Monday thru Friday from 8:30am to ??

Everyone is invited for coffee and fellowship.

Covid 19 guidelines are in place.





Ringsted Relay for Life team

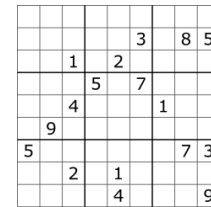
Hope Totes given to cancer patients
going through treatments.

Leave donations @ the Ringsted Legion
Community Center.

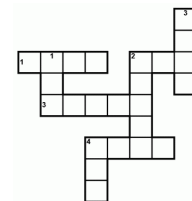
Give to Robin Hansen or Mandy Morris



shutterstock - 130702703



Suggested items are puzzle books,
lotion, pens, note cards, chap stick,
gas cards, inspirational books, hard
candy, stamps, or money





Drop items
off at either
Church or
Legion

Wish List

- Paper towels
- Tissues
- Heavy-Duty Paper plates & Bowls
- Paper Napkins
- Disinfecting Wipes
- Liquid Laundry Detergent (no pods)
- Liquid Dishwasher Detergent (no Pods)
- Toilet Bowl Cleaner
- Coffee K-cups
- Decaf Coffee
- Fruit Cups
- Breakfast Bars
- Fresh Fruit
- Fresh Vegetables
- Fresh Bread

RINGSTED AMERICAN LEGION

SPONSORING A PAPER DRIVE

DONATE: *PAPER TOWELS

*TOILET PAPER

*NAPKINS

*TISSUE BOXES

*COFFEE FILTERS

*DISH SOAP



DROP ITEMS OFF @ THE LEGION!

Noon Lunch
Every MONDAY
@ Ringsted Legion/Community Center

11:30 am – 12:30 pm

Free Will Offering



Ringsted Legion/ Community Center

Open for coffee
6 am – 11 am





Eyeglasses Collection

**Drop off your old
glasses to:**

**Ringsted Legion/Community
Center**

**Sponsored by Ringsted
Evening Out Club**

Estherville Area Cancer Support Group

Meets First and Third Mondays of each month

7 pm – 8:30 pm

Estherville United Methodist Church

102 S 8th St, Estherville, IA

Meetings will be cancelled if school is cancelled on the meeting dates

We invite you to join us!!

Cancer Patients
Cancer survivors
Family members
Friends



Questions, call Angie:
(712)362-6284

Estherville & Surrounding Area Parkinson's Support Group

10:30 am

First Monday of every month

@ Estherville Library
Lower level Conference Room

Contact:

Eric J Erickson (712)209-1159

Virginia Erickson (712)867-4410



Save Pop Can Tabs!

DROP OFF AT:

- Either church in Ringsted
- Ringsted City Hall
- Ringsted Legion/Community Center





Leave your worn
American flags at the
Ringsted American
Legion

Or give them to
Mark Larsen or Robin
Hansen

Nazareth Food Pantry



**Open the second Thursday of the month
4:30-5:30 pm
& the last Saturday of the month
9:30 -10:30AM**



Nazareth Lutheran Church, 401 5th Street, Armstrong, IA 50514



Armstrong Heritage Museum

Open to the public every Wednesday

1:00 pm - 3:00pm

or longer if needed

Come tour the buildings!

Enjoy a cup of coffee or cold drink with us!

**EVERYONE
WELCOME!**

*The Ringsted
Auxiliary*

wants names &
addresses of ALL
active military,
especially those
serving overseas.

Send names &
addresses to
Robin Hansen or
Anita Larsen



Emmet County Kinship Mentoring Program, Inc.

**Connecting Kids with Positive,
Adult Role Models
One Friendship at a Time**



If interested, please
call 712-362-2828

RINGSTED PUBLIC LIBRARY HOURS

Monday - Closed

Tuesday & Thursday

12:30pm - 6:00pm

Wednesday

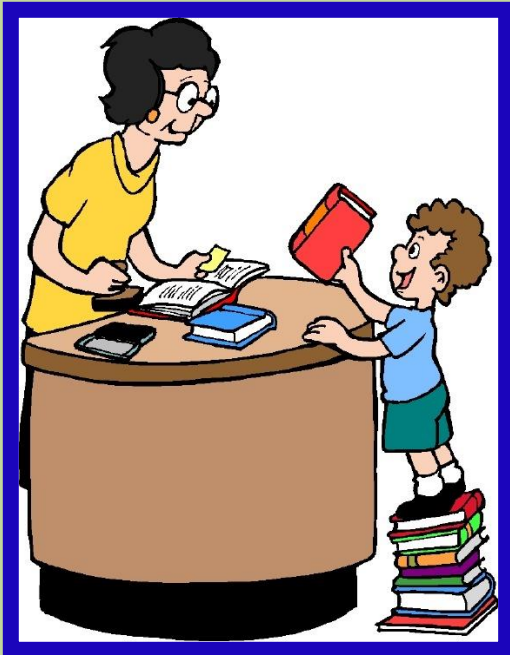
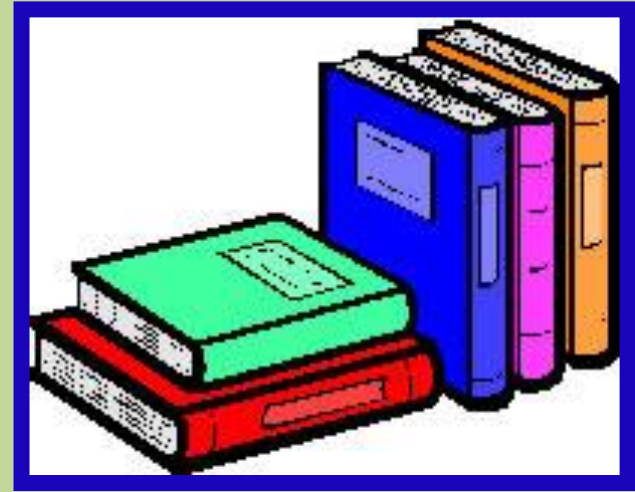
9:00am – 2:00pm

Friday - Closed

Saturday 8:00am – 12:00 pm



Armstrong Public Library Hours



Monday 12pm – 6pm
Wednesday 10am – 6pm
Friday 12pm – 6pm
Saturday 9am – 1pm

Children's Hour – 1st Saturday each month 9-10am

Emmet County Driver License Station Hours

Tuesday 8:30 am – 3:30 pm

Wednesday 8:30 am – 3:30 pm

Thursday 8:30 am – 3:30 pm

**Driving tests are only offered on
Wednesdays**



DIG SAFELY!!
Call Iowa One
48 hours BEFORE you dig!



All you have to dial is **811**. Your call will connect
directly with Iowa One Call

Narcotics Anonymous
Fridays 8 pm
First Christian Church
205 N 7th Street, Estherville
Use the north door



Armstrong Veterans Memorial



If you would like a brick for the Veterans Memorial,
call Vic Rooney

(712)868-3681 or (712)868-4020